

HEALTHY NEWS

BUILDING HEALTHY, EQUITABLE COMMUNITIES

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SPOTLIGHT

Local High School Reports on CHIP Process

Carlmont High School interviewed Interim Public Health, Policy & Planning Director, Dr. Tamarra Jones, about the Community Health Improvement Plan (CHIP) process that is underway at San Mateo County Health's Public Health, Policy & Planning division. The article details the process and the next steps for developing a health improvement plan. Read the article here.

Elevate and Support Local Health Equity Infrastructure

California Department of Public Health (CDPH) released a list of equity work taking place in the state following the 2023 California Equity Convening, CDPH also shared an illustration that outlines the steps local leaders can take



December 2023

to apply equity in their work. Download the illustration here.

ANNOUNCEMENT

Measure K Funds Available in San Mateo County

San Mateo County released the Notice of Funding Opportunity Measure K funds. Up to \$35 million is available for projects that provide services for residents in three priority areas: children, families and seniors; emergency preparedness; and housing and homelessness. The priorities were determined by engaging community partners on their interests and needs. To apply for funding, you can visit the County's Procurement Portal here. The application deadline is 5 p.m. on January 5, 2024.



HPP UPDATES

Welcome, Keyana!

We are excited to welcome the newest member of the HPP team, Keyana Hadley. She transitioned from her role as a social worker providing intensive case management for clients with complex needs to support our health equity work. She will support the work of the



Photo credit: Keyana Hadley

Government Alliance on Racial Equity (GARE) workgroups and committees, the Racial Equity Action Plan (REAP), the Public Health, Policy & Planning Equity Plan, the Core Equity Team, and other activities that advance the county's efforts to promote health equity. Keyana previously worked with organizations in Northern and Southern California that have allowed her to be an advocate for underrepresented and vulnerable populations. <u>See Keyana's staff profile</u>.

COMMUNITY ANNOUNCEMENTS

Growing a Diverse Group of Leaders

Leadership Council San Mateo County provides immersive training programs, educational events, and fosters strong professional relationships to connect, inspire, and educate a diverse group of leaders. Read Leadership Council San Mateo County's <u>Impact Report 2023</u> about who they are, their accomplishments, and stories of change.

COMMUNITY COLLABORATION HIGHLIGHTS

Ruby Bridges Walk to School Day

This year, Martin Elementary School's Ruby Bridges Walk to School Day was a lively celebration. It brought together a crowd of students and caregivers, dressed in purple, gathered at City Hall to honor the legacy and bravery of Ruby Bridges. The event that originated at Martin Elementary in South San Francisco and now has over 650,000



Photo credit: Liz Sanchez

participants from 46 states! Learn more about how this event honors Ruby's courage and role in the civil rights movement <u>here</u>.

BOARDS AND COMMISSIONS VACANCIES

There is one vacancy on the Parks & Recreation Commission for the City of San Bruno, one vacancy on the Planning Commission and one vacancy on the Recreation Commission for the City of Daly City, one partial-term seat on the Planning Commission for the City of Redwood City, and multiple vacant seats for the County of San Mateo:

City of Daly City: There is one vacancy on the Planning Commission and one vacancy on the Recreation Commission. The Planning Commission makes recommendations to the City Council regarding discretionary development proposals, the general plan, specific plans, the zoning ordinance, and environmental studies. The Recreation Commission is a five-member citizen's advisory board appointed by the City Council. Interest Open until filled. <u>Apply now!</u>

City of Redwood City: There is one partial-term seat on the Planning Commission expiring June 30, 2026. The Planning Commission makes recommendations to the City Council regarding the general plan, neighborhood and specific plans, the zoning and subdivision ordinance, and environmental impact reports. <u>Deadline to</u> <u>apply is 11:59 p.m. on December 17</u>.

City of San Bruno: There is one vacancy, partial term expires on 10/31/24, on the Parks & Recreation Commission. The Parks and Recreation Commission shall make recommendations to the City Council regarding community recreation needs on or in any public grounds and buildings. Open until filled. <u>Apply</u> today!

County of San Mateo: There are three vacant seats on the Agricultural Advisory Committee. This Committee actively assists in the preservation of agriculture on the Coastside, advising and recommending to the County Planning Commission and the Board of Supervisors. Open until filled. <u>Apply today</u>! There is one vacancy on the LGBTQ Commission. This commission advises the Board of Supervisors as to the promotion of programs that foster the well-being and civic participation of LGBTQ individuals in San Mateo County. <u>Deadline to apply is December 8</u>.



PHPP Represented at Sana Sana Colita De Rana Event

November 4 was the tenth annual Sana Sana event hosted by SMC Health's Behavioral Health and Recovery Services Division's Latino/a/x Collaborative. This beautiful event came together through the collective power of multiple organizations and programs serving the Latinx/a/o/e community in San Mateo County. 1PHPP hosted a resource table sharing information about our PHPP programs. We also had the mobile clinic available for flu and COVID-19 vaccines as well as other health resources. Learn more about the <u>origins and purpose of Sana Sana</u>.



Photo credit: Nupoor Kulkarni

Making Progress - PHPP Strategic Direction

PHPP has moved into the second phase of the <u>Strategic Direction</u>. On November 1, PHPP and its partners hosted the CHIP Kick-off Event. The goal of the event was to prioritize top health areas identified from a series of seven CHA forums. Based upon prioritization ranking by participants in the CHIP Kick-off event, the following three (3) health areas will be the focus of the 2024 - 2026 Community Health Improvement Plan:

Access to Health Care Services (Access)
Mental Health & Mental Disorders (Mental Health)
Social Determinants of Health (SDOH)

The next step in the CHIP process is to convene workgroups. The workgroups are tasked with developing goals, strategies, and action plans for each priority health areas. The workgroup dates are as follows:

- Access: 12/13 9:00-10:30 (virtual), third meeting TBD
- SDOH: 12/14 9:00-10:30 (virtual), third meeting TBD
- Mental Health: 12/15 9:00-10:30 (virtual), third meeting TBD

Redwood City Hosts College, Career, and Community Fair

The City of Redwood City hosted its first College, Career, and Community Fair on October 26. The event connected participants with opportunities to learn about new careers. Many community-based organizations, local businesses, and educational institutions provided information booths. Community members explored volunteering, internship, apprenticeship, and other job opportunities at the fair. Two EMT alumni from American



Photo credit: Sonali Suratkar

Medical Response (AMR), our partner for the EMS Corps Program, spoke to youth about the <u>EMT</u> <u>pathway</u>. To learn more about healthcare career pathway opportunities, please contact <u>hpp@smcgov.org</u>.

GET HEALTHY NEWS



Students Try Persimmons for November

The Healthy Schools and Communities team in partnership with the Redwood City School District held a cafeteria promotion at Taft Elementary. Students enjoyed a sample of persimmon. Persimmons are rich in antioxidants and important nutrients, such as fiber and vitamin A. Once they tried their sample, they voted on whether they "loved it", "liked it", or "not today". Many students tried a persimmon for the first time during this tasting. The voting results will give food service directors insight on



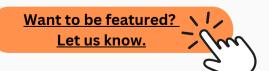
Photo credit: Canva

student preferences which helps reduce food waste. Learn about other strategies for reducing <u>food</u> <u>waste in schools</u>.

LEARNING OPPORTUNITIES & HIGHLIGHTS

Community and Disaster Services Map for San Mateo County Thrive RISE and <u>San Jose State University</u> have launched the <u>Community and Disaster Services Map</u> for San Mateo County, which aims to build awareness of the organizational landscape, facilitate partnerships, and identify service gaps. Explore the map by geography, sector, or services provided, and find organizations you want to form partnerships with. Watch the <u>video tutorial</u> to learn how to navigate this map.





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