Agenda

- Adolescent Report Overview
- Next Steps for the Adolescent Report
- Get Healthy SMC
- What is Health?
  - Social Determinants of Health & Health Equity
- SMC Social Determinants of Health Data
- Youth Health Data
- Next Steps
- Q & A
San Mateo County Youth Commission Adolescent Report

Youth Commission Roles:

- Primary data collection
- Assist with data analysis
- Assist with policy recommendations
- Guiding document for Youth Commission initiatives
Next Steps for Creating the *State of SMC Youth Health Report*

- **May 2019** — Presentation to YC on State of SMC Youth Health
- **Summer 2019** — Continued analysis based on feedback from YC
- **August 2019** — In-depth presentation at YC retreat orientation on process for developing the Report
- **Fall 2019** — Presentation to YC on in-depth analysis; identify any gaps in data
  - SMCYC promotes CA Health Kids Survey (CHKS) in local schools
- **Winter 2019/2020** — Partner to develop policy recommendations based on available data
- **Spring 2020** — Finalize policy recommendations
- **Summer 2020** — Epi and HPP publish Adolescent Report
- **SMCYC 2020-2021 and 2021-2022** focus on implementation of policy recommendations
Building healthy, equitable communities for all

- **Mission**: Supports policy change to prevent diseases and ensure everyone has equitable opportunities to live a long and healthy life

- **Key Priorities**
  - Stable and affordable housing
  - Complete neighborhoods
  - High-quality education
  - A strong local economy
Determinants of Health

Clinical Care contributes to 20% of your overall health

Source: County Health Rankings, Robert Wood Johnson Foundation
Health Equity

**Equality**

The assumption is that *everyone benefits from the same supports*. This is equal treatment.

**Equity**

*Everyone gets the supports they need* (this is the concept of “affirmative action”), thus producing equity.

**Justice**

All 3 can see the game without supports or accommodations because the cause(s) of the inequity was addressed. The systemic barrier has been removed.
San Mateo County Demographics
Population by Race
County: San Mateo

- White: 382,875 (49.12%)
- Asian: 229,473 (29.44%)
- Some Other Race: 88,792 (11.39%)
- Native Hawaiian/Pacific Islander: 10,720 (1.38%)
- 2+ Races: 45,604 (5.85%)
- Black/African American: 18,617 (2.39%)
- American Indian/Alaskan Native: 3,392 (0.44%)

Claritas, 2019. www.smcalltogetherbetter.org/
Poverty in San Mateo County

- 24,138 families at 200% FPL
- Black and Indigenous residents are more than 3 Times the White poverty rate
- Latinx and PI are more than 2 Times the White poverty rate
Affordability Challenges

Percentage of Families with Children under Five Paying More Than 30% of Their Income on Housing

- Other
- Latino
- Asian
- White
- Total

Source: BARHII/Alameda County Analysis of 2016 PUMS data.
## Food Insecurity in San Mateo County

<table>
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<tr>
<th></th>
<th>2013</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
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<tbody>
<tr>
<td><strong>Food Insecurity Rate</strong></td>
<td>11%</td>
<td>10%</td>
<td>10%</td>
<td>9%</td>
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<tr>
<td><strong># of Food Insecure Adults</strong></td>
<td>80,700</td>
<td>74,900</td>
<td>73,600</td>
<td>68,500</td>
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<tr>
<td><strong>Food Insecurity Rate - Children</strong></td>
<td>18%</td>
<td>16%</td>
<td>15%</td>
<td>13%</td>
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<td><strong># of Food Insecure Children</strong></td>
<td>28,300</td>
<td>26,000</td>
<td>24,800</td>
<td>21,400</td>
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</tbody>
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Source: Feeding America, California Dept. of Social Services, CalFresh Data Files (December, 2018).
School Challenges
In SMC

Free/Reduced Price Meal Participation and 3rd Grade Reading Proficiency by School District, 2016-2017

- Hillsborough City Elementary
- Las Lomitas Elementary
- San Carlos Elementary
- Menlo Park City Elementary
- Portola Valley Elementary
- Burlingame Elementary
- Woodside Elementary
- Pacifica
- Millbrae Elementary
- Brisbane Elementary
- San Mateo-Foster City
- San Bruno Park Elementary
- South San Francisco Unified
- Cabrillo Unified
- Jefferson Elementary
- Redwood City Elementary
- Bayshore Elementary
- Ravenswood City Elementary
SMC Youth Mental Health

Rate of Self-Inflicted Injury Hospitalization, Ages 5-20

Suicide Ideation


Substance Use Among SMC Youth

School Connectedness

Sexual Orientation

Percent

High    Medium    Low

Who Decides The Future

November 2018 SMC Youth Voter Turnout by Race in SMC

- All youth voters: 30,650
- All POC youth voters: 16196, 12390
- African-American: 296, 137
- Asian: 4366, 2087
- Latinx: 7728, 3866
- Non-POC (White): 18260, 10106

Registered | Trunout
Next Steps

• Q & A
• Complete Handout
• Presentation at August Retreat
• Identify Any Gaps in Data

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