MORTALITY- AVERAGE AGE OF DEATH

The health of a community can be measured in how long people live (mortality) and how healthy people feel (morbidity). Many of the most common diseases in San Mateo County are preventable, including diabetes, heart disease and stroke

Average age at death is a marker of premature death, and it is an important marker of a population's well being. Premature deaths are deaths that occur before a person reaches an expected age i.e. 75 years. Many premature deaths are considered to be preventable.

Average Age of Death by City

City	Average Age of Death
Atherton	80.6
Belmont	80.1
Hillsborough	79.3
Half Moon Bay	78.2
Menlo Park	78.1
San Carlos	78.1
Millbrae	77.4
Burlingame	76.9
San Mateo	76.2
Woodside	76.2
Foster City	76.1
Portola Valley	75.2
San Mateo County	**75**
Redwood City	74.7
South San Francisco	74.4
Daly City	73.2
Pacifica	73.1
Brisbane	72
San Bruno	71.7
Colma	70.3
East Palo Alto	61.8

Source: California Statistical Master Files Death Data, 2010; Office of Statewide Health Planning and Development