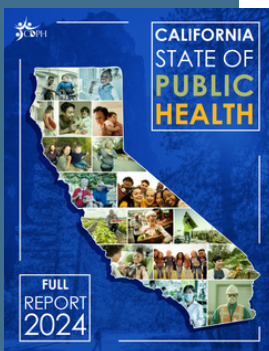


GET HEALTHY NEWS

BUILDING HEALTHY, EQUITABLE COMMUNITIES

TOPICS:

- [Spotlight](#)
- [Announcements](#)
- [HPP Updates](#)
- [Community Announcements](#)
- [Community Collaboration Highlights](#)
- [Boards & Commissions Vacancies](#)
- [Learning Opportunities & Highlights](#)



SPOTLIGHT

NEW VIDEO: Mobilizing CA Local Health Equity Infrastructure!

The CA State Department of Public Health (CDPH) recently released a new video. The video describes statewide efforts to build equity infrastructure in local health departments.

It focuses on the impact of recent dedicated funding from the CA Equitable Recovery Initiative (CERI) grant. Health staff from across the state provided testimonials. Highlights of the video include:

- *The Importance of Doing Health Equity Work*
- *How Funding a Dedicated Team Helps Advance Health Equity*
- *The Importance of Collective Action to Achieve Health Equity*



This resource was filmed during the first Statewide Equity Convening last fall. It features a segment from our own Deputy Health Officer, Dr. Curtis Chan. You can also catch cameos of other San Mateo County Health staff who participated in the event. [Click here to view](#). For more information about CDPH's equity efforts [click here](#).

RELEASED: 2024 CA State of Public Health Report

The CA Department of Public Health released its first [2024 CA State of Public Health Report](#). This comprehensive report provides data and information on key public health indicators. It also covers health disparities and leading causes of morbidity and mortality. The biennial report has been established by CA state law and is the first of many to come.

The report includes rich data sources and highlights public health strategies and initiatives. It shows the work underway to address public health trends and emerging issues. Below are highlights of how CA is taking on the pressing issues identified in this report:

- Strengthening public health infrastructure and workforce
- Addressing ongoing and emerging public health issues
- Bolstering support for working families
- *And so much more!*

Dr. Tomás Aragón, State Health Officer and Director of CDPH, writes about the release, "By sharing this report with you, I hope to better foster collaboration and partnership to address the health challenges facing Californians."

Learn more about how CA is working to advance the health and well-being of its diverse people and communities. Please check out the full report linked above or this [Summary Report](#).



ANNOUNCEMENTS



Photo credit: Canva

State Funding for Farm to School Programs

The California Department of Food and Agriculture is accepting applications for the Farm to School Incubator Program. The funding supports projects that advance child wellbeing through school-based connections to locally grown food. Interested organizations and schools should apply by April 4. Visit the [grant program](#) website to learn more.

Apply for a Paid STEP Internship

The County of San Mateo is pleased to announce the return of the [Supported Training & Employment Program \(STEP\)](#), a program for current, non-minor dependents or former foster youth who have aged out of foster care or probation, and who are ages 18 - 24. Youth in

guardianship who meet the qualifications are also encouraged to apply. STEP provides paid internships and employment skills training designed to introduce youth to the "world of work".

For more information and to apply [here](#).



Marlene Salinas
STEP Intern

STEP has been a great program and it meant a lot that the program coordinator and staff were there for me throughout my journey as a STEP Intern. The best thing about being a STEP Intern is making connections with different people and learning from staff. Thank you so much STEP.

Summer Impact! Be a Changemaker with San Mateo County Health Internships

Passionate about public health & community impact? Join our Summer Internship Program!

Communications Intern:

- Research & develop strategies for clear, equitable health messaging.
- Learn public health communication & tailoring info for diverse audiences.
- Contribute directly to advancing health equity!



Photo credit: Canva

Health Education Intern:

- Create culturally relevant health education materials for San Mateo County.
- Gain experience in best practices & bridge the gap between info & communities.
- Help empower residents with knowledge for healthier lives!

Don't miss this chance to gain experience, develop your skills, and make a lasting difference!

[Applications Due March 15 before 12 p.m. PST](#)



Park Pics Photo Contest

On February 8, the San Mateo County Parks Foundation kicked off their third [Park Pics Photo Contest](#). The contest goes through March 25, 2024.

Get out and explore your favorite San Mateo County Parks with your camera and enter your favorite photos in the contest. You could win a \$125 REI gift card in one of three categories:

- Landscapes and Waterscapes
- Up Close with Nature
- People in Parks

All finalist photos will be featured on their website for public voting to select the “People’s Choice” award winner, who will receive a \$175 REI gift card. Check out the [winners](#) and [finalists](#) from last year!



Photo credit: San Mateo County Parks Foundation

HPP UPDATES



Photo credit: Nupoor Kulkarni

HPP Staff Member Accepted into GARE CA Innovation Community Cohort!

Congratulations to Nupoor Kulkarni, a Community Health Planner with HPP! She is one of 25 members of the first GARE CA Innovative Community Cohort. This cohort brings together government workers from across the state to work on equity. Participants will engage in a year-long collaborative learning environment. The CA cohort aims to build a community of practice for equity in government. It will also develop equity content to share with the public health field. This is an exciting opportunity for Nupoor. We know the knowledge and skills gained will benefit our community.

COMMUNITY ANNOUNCEMENTS

Hike the Night Away, March 1

Spring into a new season by taking a hike at San Pedro Valley Park in Pacifica! Join the San Mateo County Parks Foundation, San Mateo County Pride Center, and San Mateo County Parks to learn about animal nightlife and history of the park. Flashlights are recommended but not required. Meals will not be provided and all attendees are encouraged to wear extra clothing layers for the cool breeze. [Join the hike by registering.](#)

Please note that due to parking limitations, we STRONGLY ENCOURAGE CARPOOLING with community members! Please let us know if transportation support is needed.

Hike the Night Away
San Pedro Valley Guided Nature & History Walk

FRIDAY MARCH 1ST
6PM TO 8PM

Spring into a new season by joining us for an evening of hiking, history, and animal nightlife! Flashlights are recommended but NOT required.

Spaces are LIMITED. RSVP at: <http://tinyurl.com/hikethenightaway>

Or scan the QR Code:

For any questions or concerns regarding the event, please contact Adriana Ariaga at adriana@supportparks.org and Elana Ron at elana.ron@sanmateopride.org



Register for the Women's Leadership Conference!

Join the Commission on the Status of Women (CSW) as they host the Women's Leadership Conference on March 28. The registration fee is \$55, and a limited number of fee waivers are available to address barriers to attending. CSW advises the Board of Supervisors on ways to improve the quality of life for women/girls* of all ages in San Mateo County. The goal of this conference is to present data and share stories from women/girls in the County.

The conference features keynote speakers and presenters on topics such as:

- Racial Equity and Purpose for Systemic Change
- Financial Learnings on Asset-building, Savings, and Wage Gap
- Childcare is a Right, is Worthy Work, and is Critical for Economic Growth

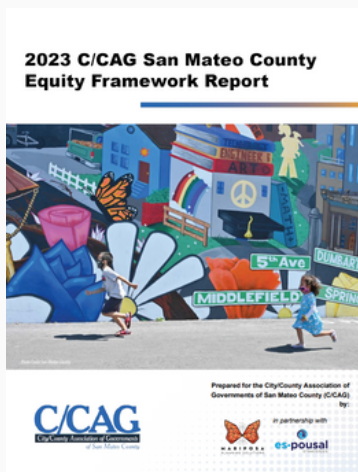
[Register here](#) for this conference and learn more [about CSW](#).

* "Women /Girls" refers to gender-expansive adults & youth (cis, trans, non-binary, gender non-conforming, and genderqueer).



Equity Assessment, Framework, and Action Plan Released

The City/County Association of Governments (C/CAG) of San Mateo has established an Action Plan of 36 actions to help address disparities in San Mateo communities. C/CAG is committed to addressing historical harms by taking concrete steps to advance equity through its planning efforts, projects, programming, and a role as a countywide funder. Learn more about the [assessment and plan](#).



BOARDS AND COMMISSIONS VACANCIES

There is one vacant seat on City of Daly City Council, multiple vacancies for the City of Menlo Park, one vacancy on the Parks & Recreation Commission for the City of San Bruno, and three vacancies on the Agricultural Advisory Committee for County of San Mateo:

City of Daly City: There is currently one vacant seat on the Daly City Council. Daly City residents registered to vote in San Mateo County are invited to apply. Applications are available in-person at the City Clerk's Office (333 90th St.) and online. [Deadline to apply is at 5 p.m. on March 27.](#)

City of Menlo Park: There are three vacancies on the Complete Streets Commission. This Commission advises the City Council on realizing the City's adopted goals for complete streets, vision zero, climate action plan, and provide input on major land use and development projects as it relates to transportation. Two vacancies Parks and Recreation Commission. The Parks and Recreation Commission is charged primarily with advising the City Council on matters related to City programs and facilities dedicated to recreation. And two vacant seats on the Planning Commission. This Commission makes decisions in many areas of the land use process and also makes recommendations to the City Council in other. [Deadline to apply is at 5 p.m. on March 27.](#)

City of San Bruno: There is one vacancy, partial term expires on 10/31/24, on the Parks & Recreation Commission. The Parks and Recreation Commission shall make recommendations to the City Council regarding community recreation needs on or in any public grounds and buildings. Open until filled. [Apply today!](#)

County of San Mateo: There are currently three (3) vacancies on the Agricultural Advisory Committee representing: One (1) Conservationist; and Two (2) Public members. This fifteen-member Committee actively assists in the preservation of agriculture on the Coastside, advising and recommending to the County Planning Commission and the Board of Supervisors. [Open until filled.](#)



COMMUNITY COLLABORATION HIGHLIGHTS

Public Health 101 Workshops Launched!

February was a month of learning and sharing. Community residents and many Promotoras/Outreach workers across the County had the chance to learn about the basic functions of Public Health. Learnings also included the difference between upstream, midstream, and downstream drivers of health.

Participants also got to share their community’s needs around public health issues. They then brainstormed ways to get more involved in public health to address those needs. Here are a few comments from workshop participants:

“I came to this workshop not knowing about public health. The trainers shared the topics in a way that made them easy to understand.”

“It helps me to understand the focus and priorities of public health. Now, I know how to avoid frustration and save time.”

“More of the public and community would benefit from this session.”

Thank you to El Concilio de San Mateo, ALAS, and Healthways for their partnership!

If you know a community group that would benefit from this workshop, please contact Deandra Lee at dlee1@smcgov.org



LEARNING OPPORTUNITIES & HIGHLIGHTS

Learn How to Strengthen Partnerships

The CDC Foundation Health Equity and Strategy Office is releasing a report on *Strengthening Partnerships Between Governmental Public Health and Community-Based Organizations*. This report was made with Human Impact Partners (HIP) and Kaiser Permanente.

Join the upcoming webinar on March 26 to:

- Learn about the report and its recommendations
- Explore the [Spectrum of Community Engagement to Ownership](#) framework
- Hear how a local health department and CBO strengthened their relationship

[More information and register here.](#)

Webinar & Resource Release: Tuesday, March 26, 2024

Developing Transformative Health Department & Community-Based Organization Partnerships

Featuring Dr. Gloria Adju-Ayemba
 Contra Costa County Director of Health, and representative of the Public Health Department and the community-based organization.



Discover the World of Walk Audits

Join the San Mateo County Office of Education for an exciting walk audit facilitation training, guided by expert Mark Fenton. This training is for everyone. It aims to help you confidently plan and lead walk audits in your community to make walking and biking better. Learn important skills like talking like an engineer and co-leading the walk.

Attend a Walk Audit:

- March 26 - 7:45 a.m. - 10:00 a.m.: Las Lomitas Elementary, 299 Alameda de las Pulgas, Atherton
- March 27 - 7:45 a.m. - 10:00 a.m.: George Washington Elementary, 251 Whittier Street, Daly City
- March 28 - 7:45 a.m. - 10:00 a.m.: Woodside High School, 199 Churchill Ave, Redwood City

This is your chance to actively engage in making your community more walkable! [Register](#) and be part of the positive change!

Walk Audit Facilitator Training
Led By National Walkability Expert **Mark Fenton**
An immersive experience building skills for equity and traffic safety!

REGISTER Here for the walk audit facilitator training
<https://tinyurl.com/WalkAuditFacilitator>

29 FEB
Informational Webinar 10:00am - 11:30 am
Introductory informational webinar for walk audit facilitator candidates

13 MAR
Facilitator Training Webinar 10:00 am - 12:00 pm
Fundamental principles of Walk Audits
Facilitating opening conversation/presentation
Leading the walk
Facilitating 30 planning exercise
Utilizing Our Voice as a community data collection tool

25 MAR
In-Person Lunch with Mark and Scouting Walk Locations
1:00 pm - lunch; 2:00 pm scouting begins
Discussion: Approaches to encourage creativity, build bridges among participants and the ideas they are offering.
Joint scouting to demonstrate best practices

26-28 MAR
Attend a Walk Audit!
March 26 - 7:45 am - 10:00 am, Las Lomitas Elementary
• 299 Alameda de las Pulgas, Atherton
March 26 - 2:30 pm - 4:00 pm, TBD
March 27 - 7:45 am - 10:00 am, George Washington Elementary
• 251 Whittier Street, Daly City
March 28 - 7:45 am - 10:00 am, Woodside High School
• 199 Churchill Ave, Redwood City

SAFE SCHOOLS
C/CAG
TRANSPORTATION PLANNING
OTS
TRAFFIC SAFETY

Want to be featured?
Let us know.

Follow or like us on...



[Get Healthy San Mateo County](#) | 801 Gateway Blvd., 2nd Fl., South San Francisco, CA 94080