

CIRCLE Guidelines

Intentionally creating a space that lifts barriers between people, circles open the possibility for connection, collaboration, problem solving and mutual understanding.

Circle Guidelines lay the foundation for what is required for the circle to be successful.

Circle Agreements are additional behavior expectations and values that the participants request of one another.

Guidelines:

- **Respect the talking piece:** everyone listens, everyone has a turn
- **Speak from the heart:** share only your truth, your perspectives, your experiences
- **Listen from the heart:** let go of judgments and stories that make it hard to hear one other
- **Trust that you will know what to say:** no need to rehearse
- **Say just enough:** without feeling rushed, be concise and considerate of the time of others.

Agreements: Invite additional agreements from the group!