

Get Healthy San Mateo County Task Force Meeting Minutes

William E. Walker Recreation Center, Bluebird Room

Monday, April 5, 2010

- I. Welcome & Agenda Review
- II. Blueprint Update
 - a. The Task Force Blueprint is being updated to reflect objectives and goals for 2010-2015
 - b. Process
 - i. Thanks to all who participated in this process
 - ii. Held three community forums in South San Francisco, Redwood City and Half Moon Bay in November 2009
 - iii. Held additional meetings for community groups such as the Tongan Interfaith Council, East Palo Alto Health Roundtable, Pacifica Collaborative, African American Community Health Advisory Committee, Youth Commissioners and *promotoras* (community health workers) in Pescadero (held in Spanish)
 - iv. Task Force Advisory Council members and topic area experts reviewed document
 - v. Now printing revised Blueprint
- III. Group Breakouts: Action Sheets
 - a. Task Force members wanted Action Sheets to give examples on how to implement strategies in the Blueprint
 - b. Three groups discussed action sheets regarding:
 - i. Sweetened beverage tax and fees
 - ii. Implementation of school wellness policies
 - iii. Community gardens
 - c. Action sheets will be finalized and posted on the Task Force website (www.gethealthysmc.org)
- IV. FitFun Game Guide
 - a. Guest speaker Nola Hackett shared information about the history and purpose of the FitFun Game Guide - a physical activity resource for K-5 classroom teachers developed by the Redwood City School District Wellness committee and other community partners

b. Viewed video clip of FitFun Game Guide

V. Announcements

** Showed a video montage of the Task Force accomplishments for the past five years. Video can be viewed online at:

<http://animoto.com/play/Y074SMOmWo5Asyby5syikw>.

MARK YOUR CALENDARS:

April 11, 2010

Streets Alive!

April 30, 2010

Communities in Action Recognition Showcase

May 17, 2010

School Wellness Mini-grant Showcase

June 18, 2010

Task Force Newsletter Submission Deadline

For more information about upcoming events, visit the Task Force website calendar page: <http://www.getthehealthysmc.org/130-Calendar.aspx>