

# Save the Date

*for the 2nd Annual*

## Active San Mateo County Symposium

**Tuesday, October 12**  
**9 a.m. to 1:30 p.m.**

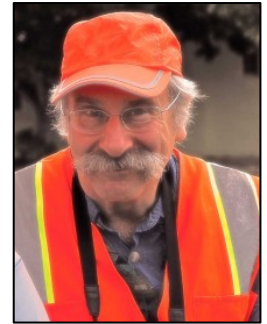


**San Mateo Main Library**  
**55 West Third Ave., San Mateo**  
**FREE, with lunch provided**

### **Keynote speaker:**

**Dan Burden, Executive Director and Co-Founder of Walkable and Livable Communities Institute, Inc.**

Dan is an internationally recognized authority on livable and sustainable communities, traffic calming, bicycle and pedestrian mobility, and Smart Growth. To learn more, visit [www.walklive.org](http://www.walklive.org).



### **Learn strategies to make your community more healthy. Workshop topics include:**

- Pedestrian and Bicycle Friendly Neighborhoods
- Nutrition
- Improving Access to Parks
- Senior Mobility

**For more information, or to RSVP, contact the Office of Supervisor Carole Groom (650) 363-4568 or email [gquiney@co.sanmateo.ca.us](mailto:gquiney@co.sanmateo.ca.us).**

**Space is limited.**



**Get Healthy** San Mateo County