



Community Implementation Funding 2011 – 2015 Funding Recipients and Projects

2011 – 2015 Get Healthy Funding Priorities based on [2010-2015 Strategies for Improving Food and Physical Activity Environments in San Mateo County](#):

- Focus Area 1: Access to healthy food & beverages pg. 1-4
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- Focus Area 3: School wellness and food and physical activity environments pg. 6-9

Organization/Committee	Activity	Year
Focus Area 1: Access to healthy food & beverages		
1 Grain to 1000 Grains	CoMer Comunidad Mercado for Access to Healthy Food will increase access to affordable, local, healthy food for families, friends, and neighbors of the Siena Youth Center in North Fair Oaks through community-organized direct purchasing of fresh produce from California Certified farmers and other healthy food options. Support a sustainable food system and minimize losses to farmers from unsold or unpicked produce.	2015
Project We HOPE	Project We HOPE will provide fresh, healthy food choices to clients in a transitional and supportive housing program at Project We Hope East Palo Alto, giving the County’s most vulnerable populations access to fresh produce.	2015
Samaritan House	Improving Healthy Food Access for the Homeless at Safe Harbor Shelter will increase access to healthy local foods and fresh produce for the homeless residents of Safe Harbor Shelter in South San Francisco and implement organizational wellness policies at Samaritan House that promote health and wellbeing from within the organization to better serve the community.	2015
Taulama for Tongans	The Pacific Islander Edible Churchyards and Environments Project will build a churchyard garden program to promote access to fresh fruits and vegetables among the Pacific Islander communities in South County. Support the Pacific Islander communities’ interests in growing their own food, reconnecting with the land, and increasing awareness about healthy eating.	2015



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Youth Leadership Institute (YLI)	The Are We Sweet Enough? Sugar Sweetened Beverage Youth Action Committee will engage a team of urban youth leaders to create awareness around the health risks of sugar sweetened beverages such as the increased risk of diabetes and obesity. Support youth advocacy to increase access to healthy foods and beverages in Daly City and South San Francisco.	2015
Collective Roots	The Backyard Gardner Network will build self-sufficiency skills among residents in East Palo Alto and Belle Haven by minimizing reliance on unstable food sources (food banks, food pantries, income of relatives). Participants will have access to seeds, gardening tools, food preservation training and materials, an existing greenhouse, compost, mulch, raised beds and monthly workshops. Garden beds will be installed in residents' homes and participant will be engaged in selling some of their produce at the Farmers' Market and/or CSA program.	2014
Footsteps Child Care	Footsteps Child Care Garden Project will maintain and construct 5 community gardens in Belmont, Redwood Shores and Redwood City. Children and youth will be given opportunities to plant, grow and harvest organic fruits and vegetables. Families and volunteers will be provided gardening training and education in both English and Spanish.	2014
City of Daly City	Improved the food and beverage environment within the City of Daly City organization and community. All unhealthy vending machines located in City Hall, a central location for employees, residents and visitors, will be replaced with revenue generating healthy vending machine to help establish the City's new Wellness Committee and recently adopted Wellness Policy.	2013
Collective Roots	Built a market-scale food producing garden for returning incarcerated participants of the David Lewis Community Re-entry Program in East Palo Alto. Participants will receive nutrition, cooking, and healthy living education, training on growing and preparing food, horticultural therapy and job training skills. Participants will sell their excess produce at the East Palo Alto Community Farmers' Market.	2013



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Stanford University	Developed an innovative community and technology-based module that can be readily used by low-income adults to assess their food environment. Daly City, South San Francisco and San Bruno residents will use the Discovery Tool to capture key elements that hinder or facilitate healthy eating and present the results to the community and local decision/policy-makers.	2013
California Food Policy Advocates (CFPA)	Increased healthy beverage intake among children and staff in licensed child care facilities in the Bayshore area of Daly City, the City of East Palo Alto and Redwood City. CFPA will develop, pilot test, and evaluate an intervention that includes educational strategies, access to drinking water, and beverage policies.	2013
Generations Community Wellness/Mid-Peninsula Housing	Implemented a food and beverage wellness policy at a low-income housing facility, established a Residential Wellness Committee and expanded a community garden.	2012
Puente de La Costa Sur	Expanded the PescaderoGrown! Token program to low-income residents, doubling the value of purchases at La Honda and Pescadero Farmers' Markets and increase program access to low-income shoppers, simplify enrollment process, improve efficiency and increase access to fresh, healthy and local produce.	2012
Collective Roots/Free at Last	Developed two gardens at Free At Last residential homes, provide residents with training on growing and preparing food and opportunities for horticultural therapy and job training skills. Participants will also sell their excess produce at the East Palo Alto Community Farmers' Market.	2012
Ravenswood Family Health Center/Collective Roots	Developed a wellness policy and as part of their Wellness Program establish a patient, staff and volunteer teaching garden. The teaching garden will provide access to nutritious foods and teach staff gardening techniques and a way to prepare these foods on their own to encourage a healthy lifestyle.	2012
Collective Roots/East Palo Alto YMCA	Offered a Fresh Checks program for low-income residents, doubling the value of purchases at the East Palo Alto Community Farmers' Market.	2011



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Puente de la Costa Sur	Worked with local grocery stores in La Honda and Pescadero to increase store space devoted to locally grown produce and nutritious foods; provide resources to get these local stores to accept food stamps and WIC; and to increase outreach and enrollment in food stamps and WIC.	2011
East Palo Alto YMCA/ African American Community Health Advisory Committee/Job Train	Engaged recent graduates from Job Train's Culinary Arts Program to offer cooking demos at the East Palo Alto Community Farmers' Market using seasonal produce to increase attendance at the market and purchasing of seasonal produce that residents may not be familiar with.	2011
Youth Leadership Institute/ Redwood City Prevention Partnership	Youth Organizing San Mateo County (YO! Mateo) worked with neighborhood corner stores in the North Fair Oaks community to increase access and attractiveness of healthy food options and decrease unhealthy messages while increasing the skills, knowledge and leadership of youth participants.	2011
Focus Area 2: Healthy places and active transportation		
Peninsula Interfaith Action (PIA)	The Healthy Communities project will help improve wellbeing in neighborhoods across San Mateo County through resident education and engagement. The project will outreach to and engage community members through surveys, meetings, focus groups and one-on-one conversations. The project will also develop and support the San Mateo County Planning Institute to provide education to residents on how health and urban planning are connected and train participants to share learnings about community health with others in their communities.	2015
Siena Youth Center	Trips for Kids Bike Program will educate youth and families in the North Fair Oaks community on bike advocacy and local bike trails, evaluate and assess bicycle routes within the community, and support local youth leadership development and advocacy to increase access to safe local bike trails and routes.	2015
TransForm	Support for Public Transit and Active Transportation in San Mateo County will include collaboration with San Mateo County Transportation Officials and build a strong base of local advocacy organizations to increase investments in active transportation such as biking, walking, and public transit options and optimize transportation infrastructure for people who live and work in San Mateo County.	2015



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Youth United for Community Action (YUCA)	Promoting Equity in Affordable Housing Campaign will facilitate youth development through a local affordable housing campaign and promote opportunities to be healthy in East Palo Alto. This multi-level strategy includes leadership development, education, and community organizing. Balance local economic growth with anti-displacement to help youth remain in their community in stable and affordable homes and prevent disruption in their education and social support systems which can lead to stress and learning challenges.	2015
Conflict Resolution Center (2-year advocacy project)	Emerging Leaders Project will engage youth in youth-led action research to uncover factors around the Jefferson and South San Francisco High Schools that lead to unsafe and inequitable access to daily physical activity, public transportation and connections to major employment hubs. Youth will develop a recommendations and findings report and in the second year of the project will develop an advocacy campaign targeted at local decision makers to increase safety on the way to transit, walking, biking.	2014
East Palo Alto Police Department (EPAPD)	Facilitated bicycle safety classes and audits in two "hot spots" where violent crime rates are highest. City staff will use information from the audits to improve the bicycle infrastructure in East Palo Alto. The project expands on EPAPD's activation of Fitness Improvement Training (FIT) Zones that increase resident's activity levels and knowledge of healthy living while reducing crime and violence.	2013
City of East Palo Alto / Montessori Learning Center	Improved pedestrian and bicycle safety with complete streets at the intersection of Bay Road and Gloria Way and other safe routes programming.	2012
Partnership for a Safe and Healthy Pacifica	Teens Making a Change (TMAC) youth assessed safety concerns that limit walkability in the intersection of Palmetto and Manor (as identified in the city's general plan). They utilized their research findings to create recommendations report and ordinance for the city of Pacifica.	2012
City of Belmont	Converted two "paper trails" to actual trails to provide safe access to several destinations for youth and older adults including the local library, Carlmont Shopping Center, Cipriani Elementary, etc).	2011



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City of East Palo Alto	Improved and painted 4 key crosswalks and expanded Safe Routes to School programming with the Ravenswood School District and various other community partners, including a pilot Walking School Bus program.	2011
Lucile Packard / Garfield Elementary School / Safe Kids	Made walking safety improvements at Garfield Elementary School in Redwood City that included 1) a student drop off program, 2) a pedestrian scramble system, 3) a walking audit and 4) bicycle and pedestrian safety workshops.	2011
Focus Area 3: School wellness and food and physical activity environments		
South San Francisco School District	M.O.V.E. (Motivating Others Via Exercise) will train and build capacity of South San Francisco school teachers and staff members to plan and incorporate more physical activity programs during recess and free time to help local students be more physically active and in turn stay healthy and increase their ability to focus and learn in school.	2015
Pacifica School District	Outdoor Garden Classrooms will create outdoor garden classrooms at seven schools in the County's Coastsides area for educational and recreational purposes. Build a curriculum around community gardens using a participatory design model to increase outdoor education and promote longevity of the community gardens and the overall program.	2015
Susty Kids Inc.	East Palo Alto Charter School's Hydroponic Adventure will create a hydroponic instructional food garden by growing edible plants without soil using only mineral solutions. Combine the garden program with lessons for East Palo Alto Charter school students on water and energy conservation, alternative farming techniques, garden maintenance, and healthy cooking.	2015
George Washington Elementary PTA	George Washington Elementary School Garden will provide their school and after school program teachers training to connect California state curriculum to garden time and student workshops. The project will also expand their current garden.	2014
The HEAL Project	Student Leadership Academy will provide students from Pilarcitos Alternative High School, an alternative high school with majority Latino at-risk youth, with leadership skill building opportunities. These Student Leaders will be paid stipends to plan, lead and execute wellness activities (gardening, healthy food preparation, physical activity) for Hatch Elementary School students	2014



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Pacifica School District	Pacifica School Community Gardens will create sustainable gardens in each of 7 school schools in the Pacifica School District and engage 3,200 pre-K to eight grade students, families and volunteers in sustainable growing, healthy eating and nutrition.	2014
Redwood City School District	Drink Water First Campaign will address California SB 1413 legislation and the Healthy, Hunger-Free Kids Act of 2020, which requires schools to provide access to free drinking water during meal times in school food service areas. The Drink Water First campaign will be implemented and water dispensers installed in four Redwood City School District campuses.	2014
San Carlos School District	San Carlos School District Harvest Market will replace recently decommissioned school stores with produce stands and/or "Garden-to-Snack" programs. A Code of Wellness Ethics guide and incentive program will also be developed with the Wellness Committee, local Chamber of Commerce and youth leaders to promote healthy food choices and encourage walking/biking to downtown San Carlos.	2014
Family Engagement Institute	Engaged families in East Palo Alto in leadership and advocacy projects to impact change in their children's school and community. 20-25 families will actively participate in school and community health projects such as regularly attending their school health committee, maintaining a school garden, starting a walk to school bus, speaking to other parents about healthy classroom celebrations, and/or other school and community health projects.	2013
Footsteps Child Care, Inc	Expanded their physical activity train-the-trainer workshops for afterschool program staff to Daly City, South San Francisco, and San Bruno. Afterschool staff learn how to provide fun, inclusive, non-competitive physical activities and receive on-site consultation to make positive changes to their food and physical activity environments.	2013
City of South San Francisco	Installed a new community garden at Siebecker Preschool program located in Old Town area of South San Francisco. Gardening, nutrition and healthy eating education will be incorporated into the preschool curriculum	2013



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Daly City Partnership After School Academic Programs	Expanded the current garden at T.R. Pollicita Middle School in Daly City to create 4 more plant beds, incorporate nutrition and plant science curriculum, which currently does not exist, and engage the afterschool program in planning, executing and maintaining the garden	2013
Creative Montessori Learning Center / Collective Roots	Developed and installed a garden, provided staff garden training, educational materials and support.	2012
Footsteps, Inc.	Promoted healthy physical activity and nutrition environments in afterschool programs throughout San Mateo County by providing train-the-trainer physical activity and healthy food option workshops and encouraging Healthy Apple Award self-assessments.	2012
HEAL Project / Pilarcitos High School Alt. Ed., Cabrillo Unified School Dist.	Established a school garden with the opportunity for students to participate in training to become mentors to elementary school students and participate in Summer leadership through the Farmer's Market and San Mateo County School Farm activities.	2012
San Mateo County Office of Education/Community School North/Boys and Girls Club of North San Mateo	Established a garden for at-risk high school-aged students at Community School North, SSF Boys & Girls Club and promoted the consumption of fresh fruits, vegetables and whole grains through growing edibles in their respective gardens and cooking activities that feature these foods.	2012
Sequoia Union High School	Drink More Water program reduced the consumption of sugar-sweetened beverages by making free drinking water available to students at lunchtime in the food serving areas at the four comprehensive SUHSD campuses.	2012
Community Alliance with Family Farmers	In collaboration with the Farm Institution subcommittee of the San Mateo Food System Alliance, worked with two school districts in the county to implement a Farm to School Vision Plan as a means to increase local, fresh fruits and vegetables in schools.	2011
The HEAL Project / Cunha Intermediate School Garden at Cunha Intermediate School in Half Moon Bay	Establish a school garden, undertake the process to become a certified producer and sell the produce at the Coastside Farmers' Market, share the produce with the Senior Center across from school, and provide opportunities for interaction between seniors and students.	2011



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John F. Kennedy Elementary School	Established an outdoor kitchen in their main courtyard school garden, which increased accessibility to prepare and eat the grown fruits and vegetables.	2011
Ravenswood City School District/ Boys & Girls Club/ Collective Roots	Established elementary school sustainable gardens and worked with schools to sell their produce through Collective Roots' Backyard Gardeners Network at the East Palo Alto Community Farmers' Market.	2011