Get Healthy
SAN MATEO COUNTY
gethealthysmc.org

City Profiles and Data Portal

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Agenda

- San Mateo County Health System and Get Healthy San Mateo County
- Get Healthy SMC Data Products
- Demo
- Q&A

San Mateo County Health System

Place and policy

- Environments facilitate health and opportunities (complete streets/housing)

Education

- Individual behavioral change (cooking demos, flyers, exercise classes)

Prevention Services

- Healthcare and other services (screenings, preventative care, early detection)

Treatment and Ongoing Support

- Healthcare, support and social services, medical transport

Our Priorities

- **Stable and affordable housing** protects health and provides the ability to engage in healthy opportunities
- **Complete neighborhoods** make it easy for residents to be healthy everyday in their communities
- **High-quality education** in healthy places creates pathways to better health
- **A strong local economy** builds household financial security for all and promotes everyone's health

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Our Framework

- Place-based prevention
- Advancing health equity
- Collaboration and partnership

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Areas of partnership

- Policy
- Planning
- Funding
- Research
- Capacity building/ leadership development
- Partnerships
- Communication

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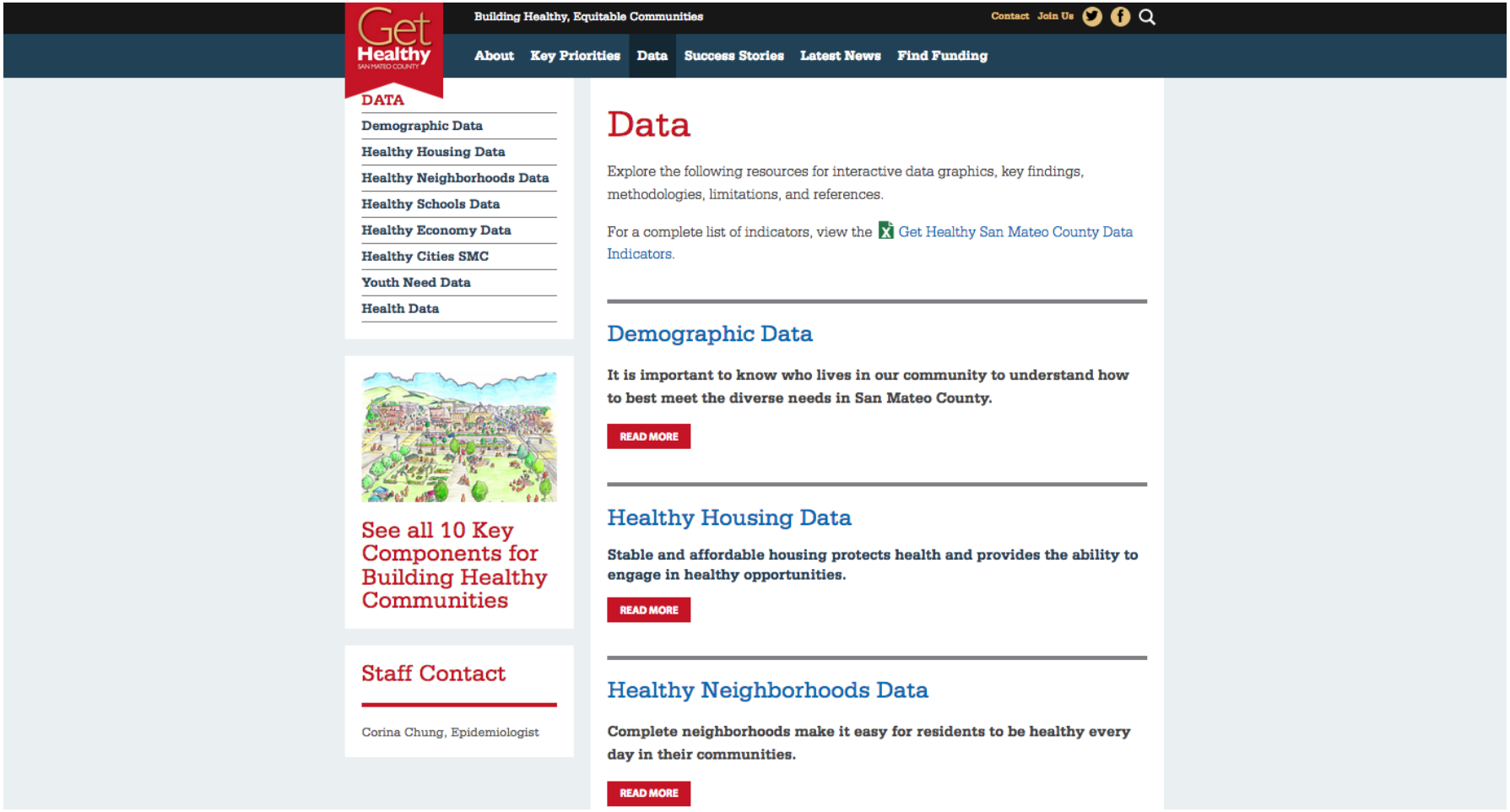
Get Healthy SMC Data Products

www.gethealthysmc.org/data



Get Healthy SMC Data Products

- Indicators
  - Housing
  - Neighborhoods
  - Schools
  - Economy
  - Demographics
- Data Portal 2.0 – interactive maps and charts
- Healthy Cities SMC – city profiles

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Get Healthy SMC Data Products

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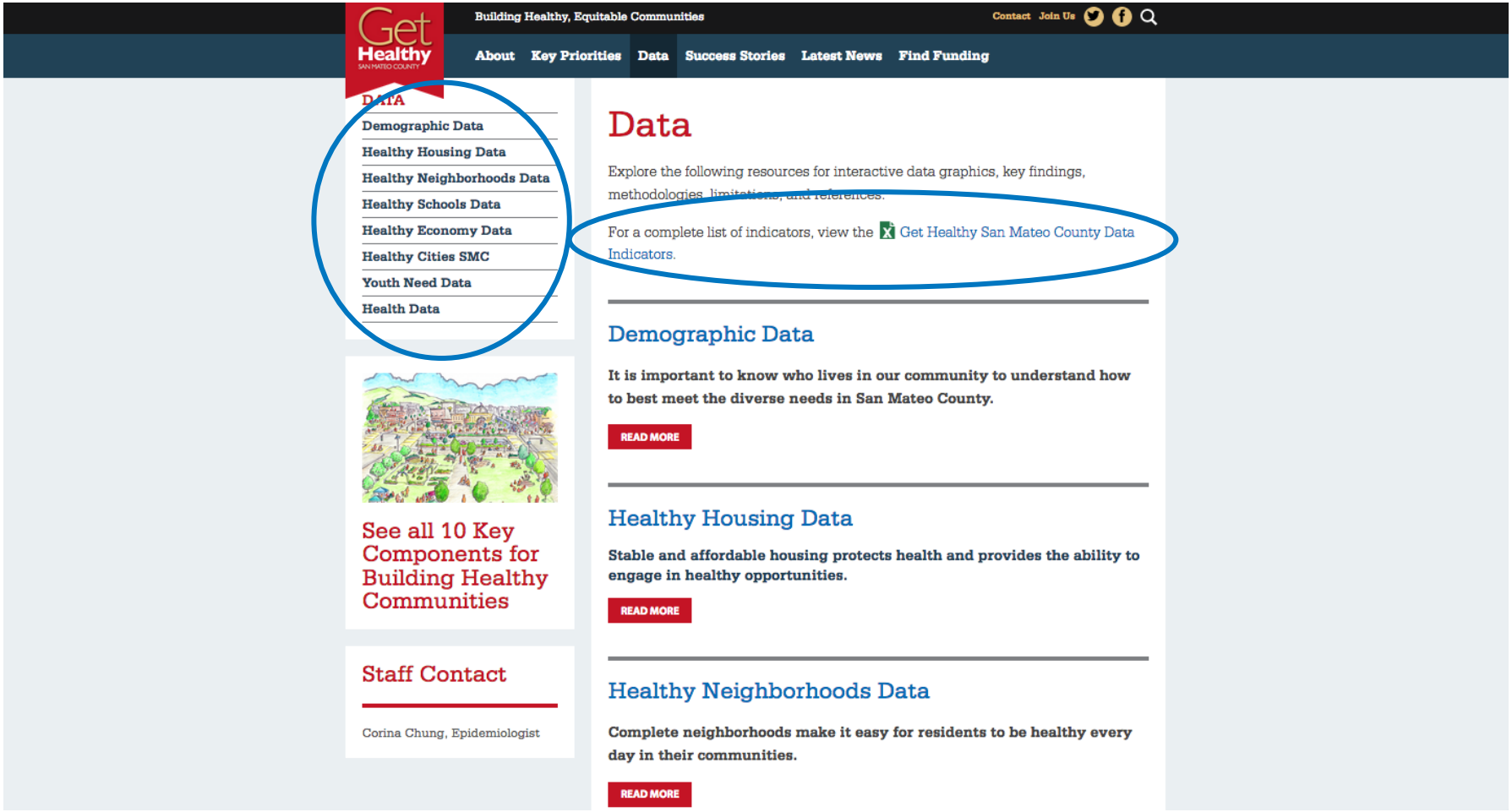

Get Healthy SMC Data Indicators

- Indicator definitions
- Data product types
- Map - geographies
- Chart – disaggregation
- Year
- Data Source

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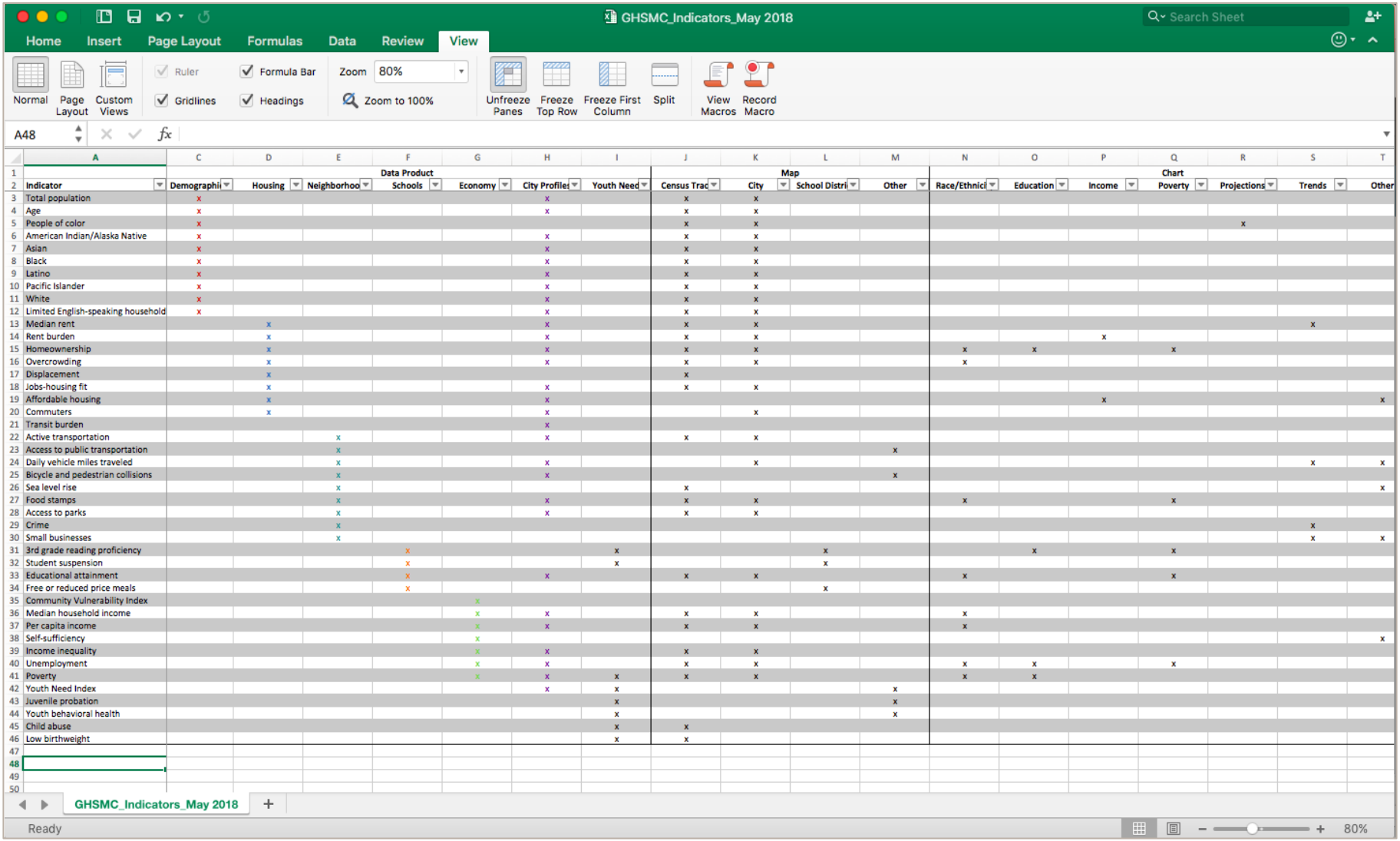
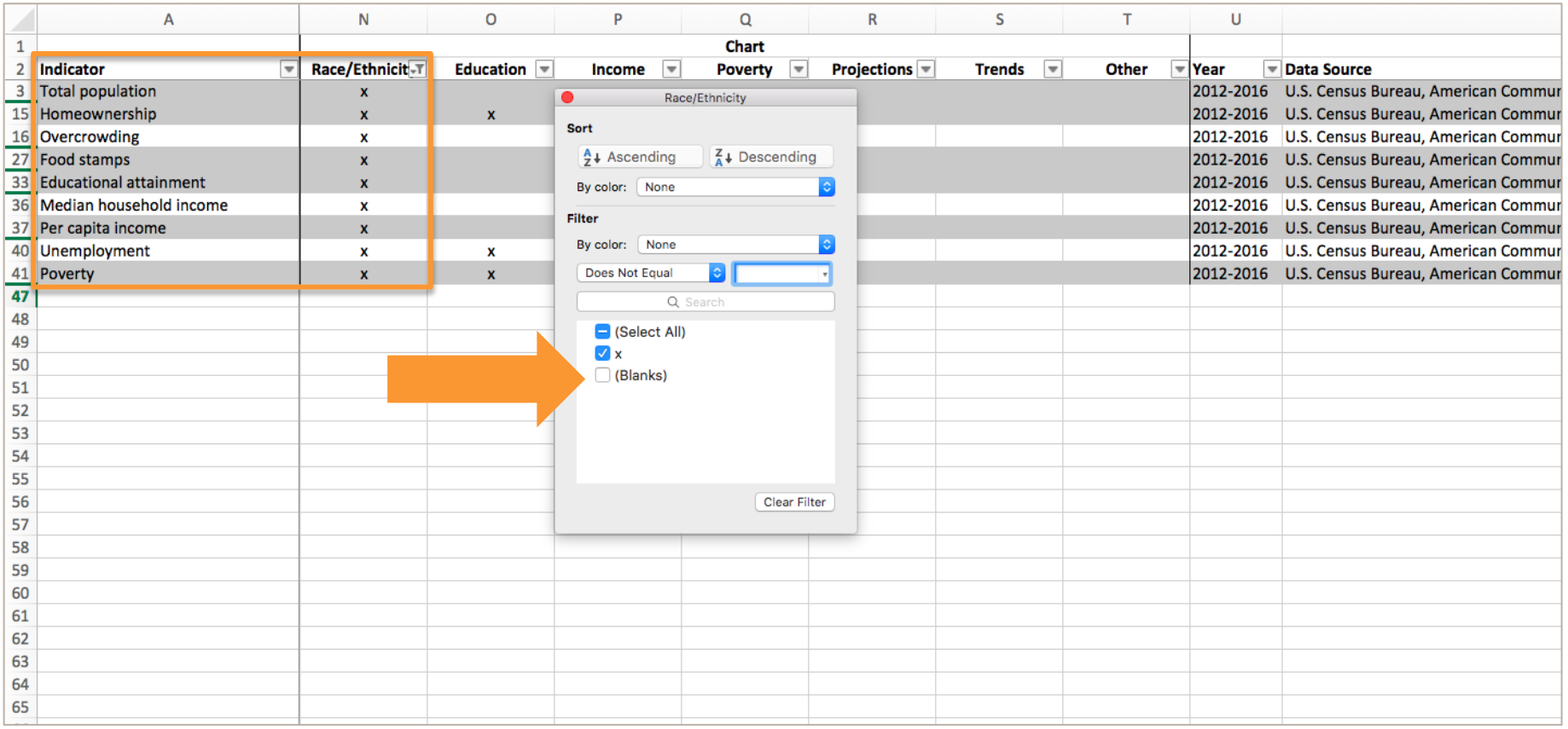
Get Healthy SMC Data Indicators



GHSMC_Indicators_May 2018

Indicator	Demographi	Housing	Neighborhoo	Schools	Economy	City Profiles	Youth Need	Census Trac	City	School Distri	Other	Race/Ethnici	Education	Income	Poverty	Projections	Trends	Other
	Data Product							Map				Chart						
Total population	x					x		x	x									
Age	x					x		x	x									
People of color	x							x	x							x		
American Indian/Alaska Native	x					x		x	x									
Asian	x					x		x	x									
Black	x					x		x	x									
Latino	x					x		x	x									
Pacific Islander	x					x		x	x									
White	x					x		x	x									
Limited English-speaking household	x					x		x	x									
Median rent		x				x		x	x								x	
Rent burden		x				x		x	x					x				
Homeownership		x				x		x	x			x	x		x			
Overcrowding		x				x		x	x			x						
Displacement		x						x										
Jobs-housing fit		x				x		x	x									
Affordable housing		x				x								x				x
Commuters		x				x			x									
Transit burden						x												
Active transportation			x			x		x	x									
Access to public transportation			x								x							
Daily vehicle miles traveled			x			x			x								x	x
Bicycle and pedestrian collisions			x			x					x							
Sea level rise			x					x										x
Food stamps			x			x		x	x			x			x			
Access to parks			x			x		x	x									
Crime			x														x	
Small businesses			x														x	x
3rd grade reading proficiency				x			x			x			x		x			
Student suspension				x			x			x								
Educational attainment				x		x		x	x			x			x			
Free or reduced price meals				x						x								
Community Vulnerability Index					x													
Median household income					x	x		x	x			x						
Per capita income					x	x		x	x			x						
Self-sufficiency					x													x
Income inequality					x	x		x	x									
Unemployment					x	x		x	x			x	x		x			
Poverty					x	x	x	x	x			x	x					
Youth Need Index						x	x				x							
Juvenile probation							x				x							
Youth behavioral health							x				x							
Child abuse							x	x										
Low birthweight							x	x										

Get Healthy SMC Data Indicators



	A	N	O	P	Q	R	S	T	U	
1					Chart					
2	Indicator	Race/Ethnicit	Education	Income	Poverty	Projections	Trends	Other	Year	Data Source
3	Total population	x							2012-2016	U.S. Census Bureau, American Commur
15	Homeownership	x	x						2012-2016	U.S. Census Bureau, American Commur
16	Overcrowding	x							2012-2016	U.S. Census Bureau, American Commur
27	Food stamps	x							2012-2016	U.S. Census Bureau, American Commur
33	Educational attainment	x							2012-2016	U.S. Census Bureau, American Commur
36	Median household income	x							2012-2016	U.S. Census Bureau, American Commur
37	Per capita income	x							2012-2016	U.S. Census Bureau, American Commur
40	Unemployment	x	x						2012-2016	U.S. Census Bureau, American Commur
41	Poverty	x	x						2012-2016	U.S. Census Bureau, American Commur
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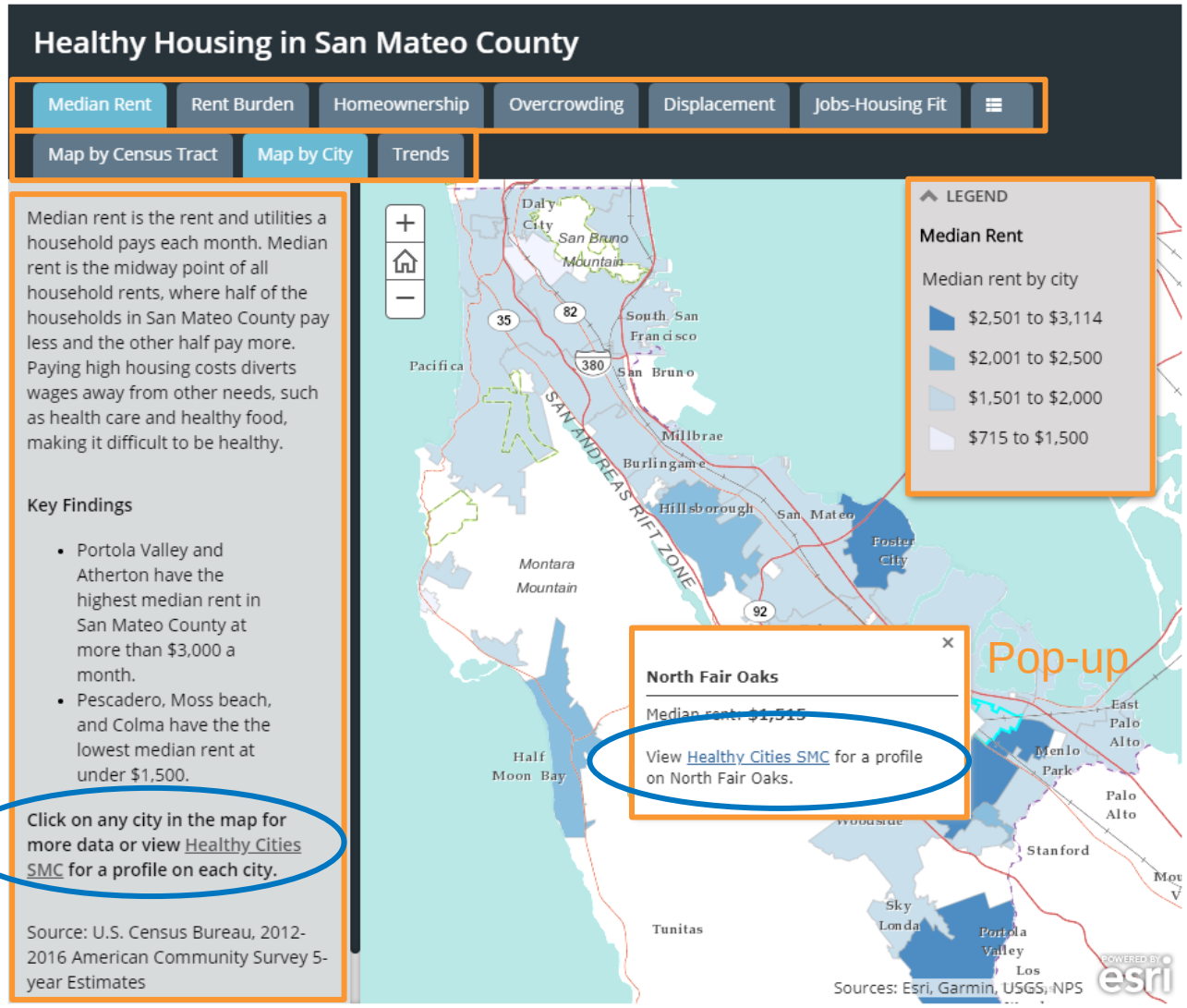
Stable and affordable housing protects health and provides the ability to engage in healthy opportunities.

This page provides data on key indicators of healthy housing in San Mateo County to demonstrate current conditions, trends, and evaluate future needs. Each indicator includes interactive data graphics, key findings, methodologies, limitations, and references.

Visit our Healthy Housing page to learn more about the health connection.



Indicators Map and chart options

Overview, key findings, data sources

Legend

Pop-up

Methods, limitations, references

See Methods, Limitations, and References for Healthy Housing data.

Healthy Cities SMC

www.gethealthysmc.org/healthy-cities-smc

DATA

- Demographic Data
- Healthy Housing Data
- Healthy Neighborhoods Data
- Healthy Schools Data
- Healthy Economy Data
- Healthy Cities SMC
- Youth Need Data
- Health Data

See all 10 Key Components for Building Healthy Communities

Healthy Cities SMC

The Healthy Cities SMC profiles provide snapshots of each city, town and unincorporated jurisdiction in San Mateo County to help us understand how healthy a place is and why some places are healthier than others.

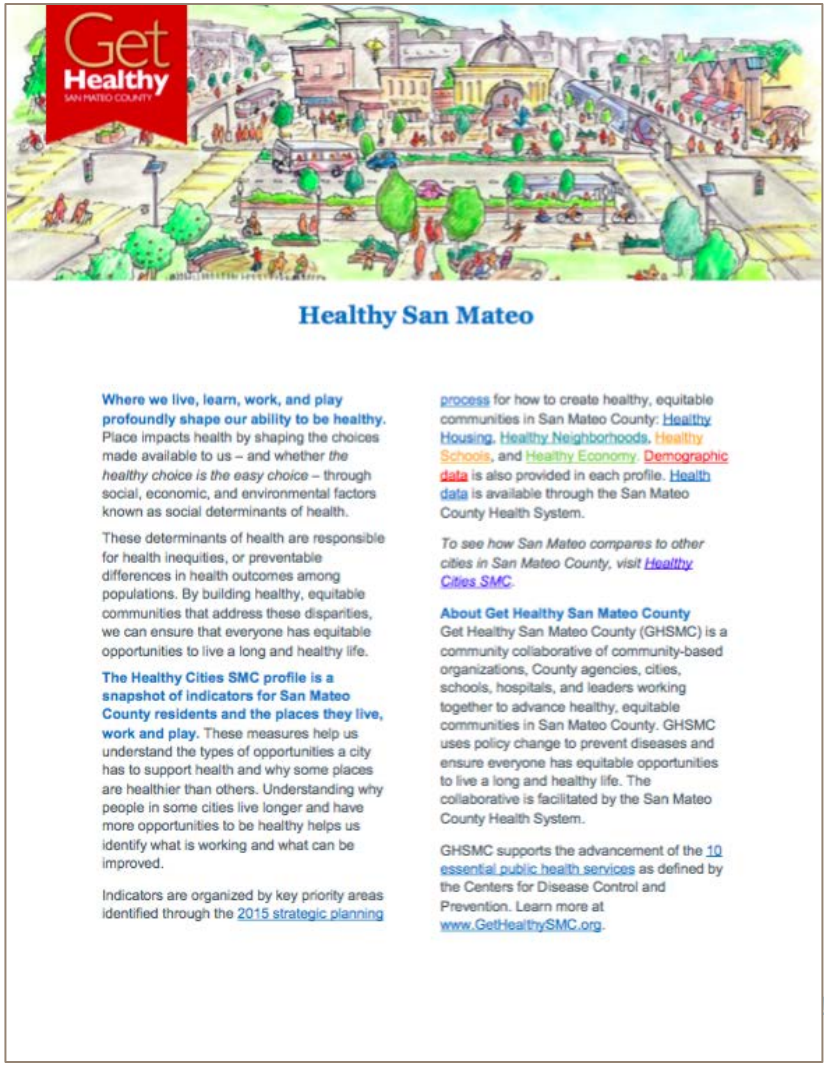
Understanding why people in some cities live longer and have more opportunities to be healthy helps us identify what is working and what can be improved. Healthy Cities SMC profiles present data for each city and compare it to the county as a whole. Data are categorized by demographic, Healthy Housing, Healthy Neighborhoods, Healthy Schools, and Healthy Economy indicators –the four community-identified priorities for Get Healthy San Mateo County.

Select a city below to view its Healthy Cities SMC profile.

- Atherton
- Belmont
- Brisbane
- Broadmoor
- Burlingame
- Colma
- Daly City
- East Palo Alto
- El Granada
- Emerald Lake Hills
- Foster City
- Half Moon Bay
- Hillsborough
- La Honda
- Ladera
- Loma Mar
- Menlo Park
- Millbrae
- Montara
- Moss Beach
- North Fair Oaks
- Pacifica
- Pescadero
- Portola Valley
- Redwood City
- San Bruno
- San Carlos
- San Mateo
- South San Francisco
- West Menlo Park
- Woodside

Health Cities SMC

Introduction, overview, and more resources



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Health Cities SMC

Demographics

Demographics

It is important to know who lives in our community to understand how to best meet the diverse health, social, and economic needs of all residents.

Demographic Indicators	San Mateo	San Mateo County
Total Population[1]	102,224	754,748
Age[1]		
0-17 years	21%	22%
18-64 years	64%	64%
65+ years	15%	15%
Median age	39 years	40 years
Race/Ethnicity[1]		
American Indian/Alaska Native	Less than 1%	Less than 1%
Asian	21%	27%
Black	2%	2%
Latino	27%	25%
Pacific Islander	2%	1%
White	44%	40%
Other	Less than 1%	Less than 1%
Two or More Races	4%	4%
Limited English-Speaking Households[1]	11%	9%

[1] Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates

Healthy Cities SMC, San Mateo (May 2018)
Methodologies available at www.gethealthysmc.org/data

Building Healthy, Equitable Communities
2

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Health Cities SMC

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American Indian/Alaska Native	Less than 1%	Less than 1%
Asian	21%	27%
Black	2%	2%
Latino	27%	25%
Pacific Islander	2%	1%
White	44%	40%
Other	Less than 1%	Less than 1%
Two or More Races	4%	4%
Limited English-Speaking Households[1]	11%	9%

[1]*Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates*

Health Cities SMC

Healthy Housing

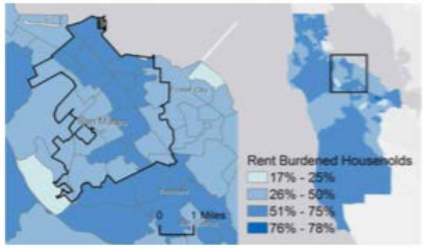
Healthy Housing

Stable and affordable housing protects health and provides the ability to engage in healthy opportunities. People who live in healthy, affordable places live longer, healthier lives.

Healthy Housing Indicators	San Mateo	San Mateo County
Median Rent[1]	$1,871	$1,830
Percent of Households Who Are Rent Burdened[1,2]	51%	52%
Percent of Households Occupied by Homeowner[1]	53%	59%
Percent of Households Who Are Overcrowded[1]	7%	8%
Percent of Regional Housing Needs Allocation for Very Low Income Households[3]	23%	20%
Number of Low-wage Jobs for Every One Affordable Housing Unit[4]	6	6
Percent of Employees that Don't Live Where They Work[5]	88%	63%

[1]Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates
[2]Note: Rent burden refers to households that spend 30% or more of their income on rent and other housing costs.
[3]Note: The Regional Housing Needs Allocation (RHNA) is a state-required process to determine the number of housing units needed by income level in each city. Source: Association of Bay Area Governments, 2007-2014 Regional Housing Need Allocation
[4]Source: UC Davis Center for Regional Change, 2013 Regional Opportunity Index
[5]Note: Percent of employees that don't live where they work refers to employees that do not live in the same city/county they work in. Source: U.S. Census Bureau, 2015 Longitudinal Employer-Household Dynamics

Percent of Households with Rent Burden in San Mateo by Census Tract



Rent burden refers to households that spend 30% or more of their income on rent and other housing costs. Paying unaffordable housing costs diverts wages away from other important needs, such as health care and healthy food, making it more difficult to be healthy.

Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates

Healthy Cities SMC, San Mateo (May 2018)
Methodologies available at www.gethealthysmc.org/data

Building Healthy, Equitable Communities
3

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Health Cities SMC

Healthy Neighborhoods

Healthy Neighborhoods

Complete neighborhoods make it easy for residents to be healthy every day in their communities by making the healthy choice, the easy choice. Living near where you work and send your kids to school enables many opportunities for health. Creating vibrant complete neighborhoods allows people to safely walk and bike, purchase daily goods and services such as healthy foods, and easily access affordable public transportation, parks and open space.

Healthy Neighborhoods Indicators	San Mateo	San Mateo County
Percent of Income for Average Transportation Costs for Block Groups Within ½ Mile of Transit[1]	17%	17%
Percent of Residents Who Take Active Transportation to Work[2,3]	14%	14%
Number of Daily Vehicle Miles Traveled Per Capita[4]	7	26
Number of Bicycle and Pedestrian Collisions Per 100,000 People[5]	59	53
Number of Severe or Fatal Bicycle and Pedestrian Collisions Per 100,000 People[5]	1	45
Percent of Households Enrolled in Food Stamps[2]	5%	4%
Number of Park Acres Per 1,000 People[6]	6	1

[1]Source: Center for Neighborhood Technology, 2018 AllTransit
[2]Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates
[3]S Note: Active transportation includes walking, biking, and taking public transit.
[4]Sources: Caltrans Highway Performance Monitoring System, 2015 California Public Road Data; U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates
[5]Sources: UC Berkeley Transportation Injury Mapping System, 2016 Statewide Integrated Traffic Records System; U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates
[6]Sources: San Mateo County GIS, 2018 Parks and Beaches; U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates

Bike & Pedestrian Collision Hot Spots in San Mateo

Bike and pedestrian collisions are collisions that involve bicyclists and/or pedestrians; most usually involve a motor vehicle as well. Collision hot spots are areas with clusters of collisions. Bike and pedestrian collisions can cause injuries and fatalities and contribute to motor vehicle accidents.

Source: UC Berkeley Transportation Injury Mapping System, 2016 Statewide Integrated Traffic Records System

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Health Cities SMC

Healthy Schools

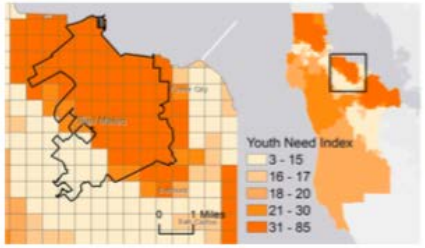
Healthy Schools

High-quality education creates pathways to better health.
Education is one of the top determinants of health outcomes, and can set the stage for a child's future opportunities to access health promoting prospects such as jobs and stable housing.

Healthy Schools Indicators	San Mateo	San Mateo County
Youth Need Index[1]	37	24
Percent of Adults with a High School Degree or Less[2]	27%	27%
Percent of Adults with a Bachelor's Degree or Higher[2]	48%	47%

[1]Note: Score is out of 100 points possible where higher score indicates higher need. Source: San Mateo County Health System, Office of Epidemiology and Evaluation, 2017
[2]Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates

Youth Need Index in San Mateo



The Youth Need Index reflects a combination of factors that impact youth success where higher scores (out of 100 total) indicate higher need. Data include Juvenile Probation and Behavioral Health hot spots, child maltreatment, low birthweight, student reading proficiency, suspensions and poverty.

Source: San Mateo County Health System, Office of Epidemiology and Evaluation, 2017

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Health Cities SMC

Healthy Economy

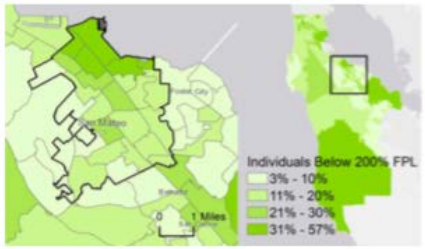
Healthy Economy

A strong local economy builds household financial security for all and promotes everyone's health. Access to income and wealth is one of the most important predictors of a person's health. The less money a person makes, the less opportunity they have to be healthy. Financial insecurity makes it difficult to afford and meet basic needs, leading to higher rates of depression and stress, and subsequently more health problems.

Healthy Economy Indicators	San Mateo	San Mateo County
Median Household Income[1]	$95,667	$98,546
Per Capita Income[1]	$49,227	$50,262
Income Inequality[1,2]	0.45	0.49
Unemployment Rate[1]	5%	6%
Percent of Residents Living below Federal Poverty Level[1]	8%	8%
Percent of Residents Living below 200% of the Federal Poverty Level[1]	22%	20%

[1] *Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates*
[2] *Note: Income inequality is represented by the Gini Index, where a score of 0 represents complete equality and a score of 1 represents complete inequality.*

Percent of Residents Living below 200% of the Federal Poverty Level in San Mateo by Census Tract



Poverty has a significant impact on health status and outcomes; individuals with lower incomes report poorer health and higher risk of disease. The Federal Poverty Level (FPL) is the standard measure based on household size and income.

Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-year Estimates

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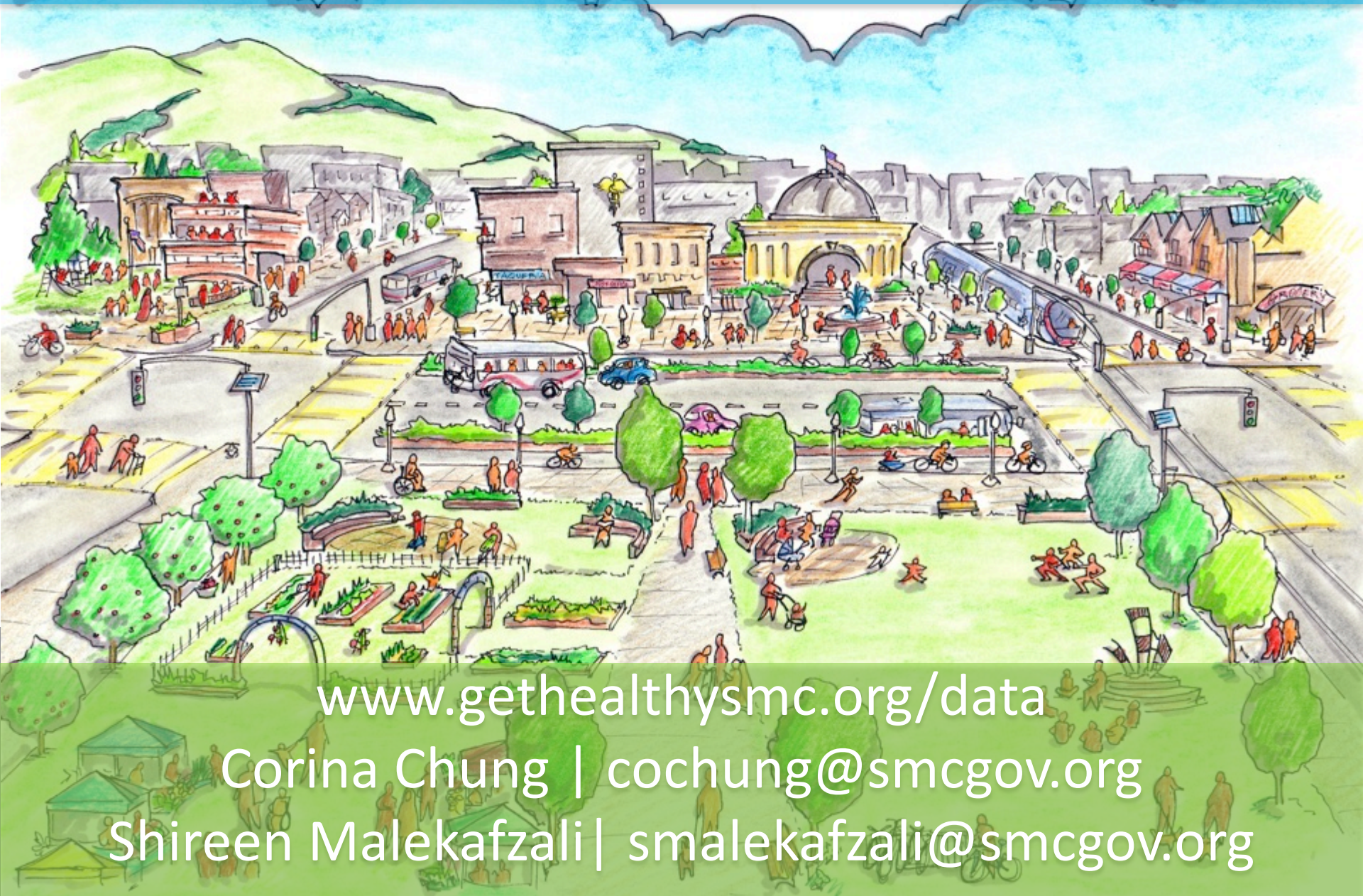
Thank You!



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